



VHS Sports Schedule

Spring 2025-26

Track

Snow Canyon Invitational	Mar. 6-7
Kanab Invitational	Mar. 14
Pine View Invitational	Mar. 20-21
Fresh/Soph @ Kanab	Mar. 24
Desert Hills Invitational	Mar. 27-28
Milford Invitational	April 11
Dixie Invitational	April 17
Ott-Kelly Invitational @ Kanab	April 24
SUU Invitational	May 1-2
Region @ Kanab (Valley hosting)	May 6
State @ BYU	May 15-16

Golf

Mt. Carmel	Mar. 12
Beaver	Mar. 18
Fillmore	Mar. 25
Richfield	April 9
Delta	April 15
Beaver	April 23
Region @ Richfield	April 29
State @ Rose Park	May 12-13

Schedules on SportTrax app
Schedule subject to change
Updated: 2/2/26

Administrators

Principal: Don Heath
Athletic Director: Tony Esplin

Coaches

Boys Track: Joseph Sorensen
Girls Track: Amy Martinez

Golf: Jeremy Chamberlain